BOOK REVIEW

Dr. Mohammed Mukhtar Khan, Department of Commerce 14th December 2023



Title of the book: One Small Step Can Change Your Life; **Author:**Dr. Robert Maurer **Publication:** Manjul Publishing House; **Year:** 2014; **ISBN:** 978-81-8322-589-2

The objective of the book is to inculcate small steps to achieve big objectives. The book is good to read. The best part is, everything they have given is in a nutshell. Author discusses small steps in order to change the life. If a person is finding it difficult to start with anything, whether it is physical activity, reading book, learning new things or anything, one should go through this book. The book shows the way to start or take small steps to do big things.

Best line of the book

- 1. Toyota has returned to focusing on quality, not quantity as a mission.
- 2. Daily practice of looking for small ways to touch people's lives.
- 3. I long to accomplish a great and noble task but it is my chief duty to accomplish small tasks as if they were great and noble Helen Keller"
- 4. What's the smallest step I can take to be man efficient What can I do in 5 min a day to reduce my credit and debit"

I highly recommend this work to everyone who has interest in reading books.

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One Small Step Can Change Your Life

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THE KAIZEN WAY



Robert Maurer, Ph.D.

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